

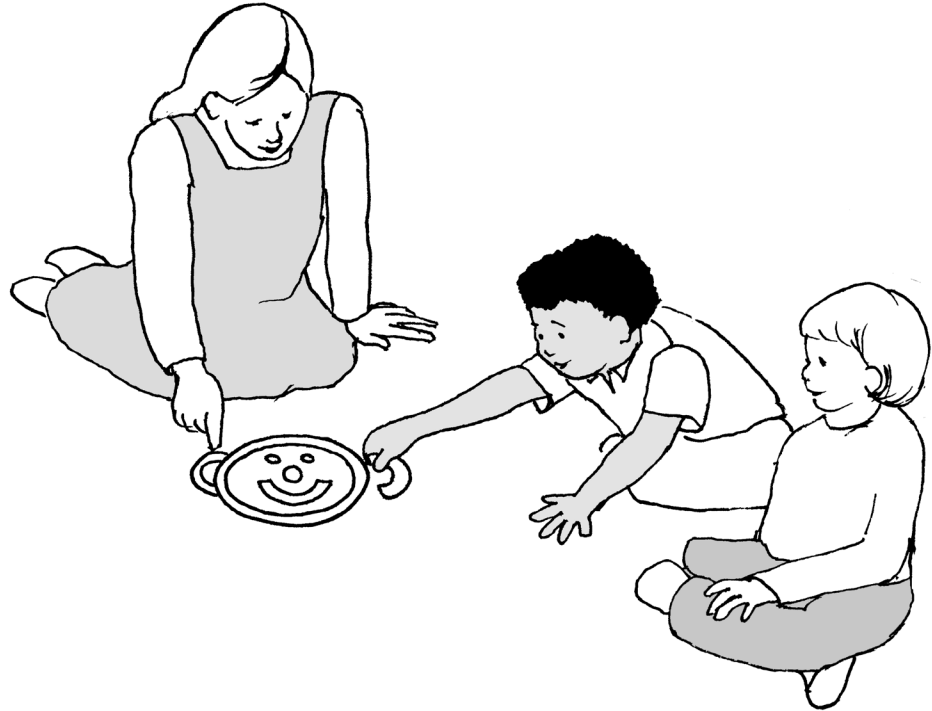


Mat Man[®] for Body Awareness

Young children are often asked to draw pictures of themselves as a person. Mat Man makes drawing easy. Develop drawing, counting, and body awareness skills with the building, singing, and drawing activities below.

Materials

- Mat for Wood Pieces
- Wood Pieces:
 - 2 Big Curves (head)
 - 3 Little Curves (ears, mouth)
 - 4 Big Lines (arms, legs)
 - 2 Little Lines (feet)
- Accessories:
 - 2 hands
 - 2 eyes (water bottle caps)
 - 1 nose (juice cap)



Skills Developed:

- Body awareness
- Drawing skills
- Socialization
- Number awareness

Build Mat Man

1. Children sit on the floor in a circle.
2. Teacher builds Mat Man on the floor.
3. Teacher gives Mat Man's parts to the children.
4. Children build Mat Man as they sing the "Mat Man" song from the *Get Set for School Sing Along* Album with the teacher.
5. Extra accessories (belly button, hair, clothing, seasonal items, etc.) make Mat Man more interesting or change him into a different Mat person.

Draw Mat Man

1. Children sit at tables/desks facing the teacher. The teacher draws a large Mat Man at the board or easel.
2. Draw each part in order. Sing/say: **Mat Man has one head. Watch me draw the head. Now it's your turn!**
3. Encourage children to add other details to their drawings.