

OneFamily 10k

GOD'S SHOW AND TELL!

WELCOME

The OneFamily 10K, a weekly devotional and guide. Intended to inspire your family to spend at least 10 minutes each week with the King. So make this study what you need. Adjust as needed. Use any part. You do not need to ACCOMPLISH the devotional. You need to accomplish time with the Lord and his word. Who is your family? The entire body of Cherry Creek. God has placed each of us here! Each of us are needed and necessary to the growth of THIS community. How do we grow? We follow God's guidance and we love and care for each other. Who should you complete this study with? Begin with those who are in your household. OneFamily includes Infants through seniors. Alone? Find someone to connect with over the phone (or the like), over coffee, or over the fence. Begin with prayer. Ask the Holy Spirit to inspire and guide your study... Our OneFamily.

Note: At any time, when you are with someone who is unable answer or complete a specific activity without assistance. Speak the words over them or use these topics to have a wonderful "discussion" in ANY way you are able. Let your creativity WIN. Modify! Spend YOUR time with the KING in YOUR way. Please contact kids@creek if you need assistance or ideas.

WARM-UP

GET READY TO RUN!

John 20:19-23

¹⁹ On the evening of that day, the first day of the week, the doors being locked where the disciples were for fear of the Jews, Jesus came and stood among them and said to them, "Peace be with you." ²⁰ When he had said this, he showed them his hands and his side. Then the disciples were glad when they saw the Lord. ²¹ Jesus said to them again, "Peace be with you. As the Father has sent me, even so I am sending you." ²² And when he had said this, he breathed on them and said to them, "Receive the Holy Spirit.

- Why were the disciples in a locked room?
- Is Jesus upset that they were hiding?
- What is the peace that Jesus is Giving them?

He is giving a blessing from his HEART and from his FATHER's heart.

- Pray a ONE-SENTENCE blessing over each member of your home. Assign one person each.
 - Pick a one-sentence Bible Verse that you can pray for each family member. Pick one to pray for yourself as well. Pray it every day until you have it memorized and then keep praying!
 - Ex: Romans 8:18 – "For I consider that the sufferings of this present time are not worth comparing with the glory that is to be revealed to us."
 - Pray a ONE-SENTENCE blessing over 5 people that you may see or speak with this week. Make it a GOD-SIZED blessing. Something that only HE could do.

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THE RACE

Jesus is sending YOU!!!

“Peace be with you. As the Father has sent me, even so I am sending you.”

Jesus is sending US! He is sending you!

- Have you set yourself apart in Christ? Have you claimed his Salvation?
 - The Holy Spirit WILL call you! How do/did you respond?

Jesus came to reconcile us to God the Father. He taught, lived with us, suffered for truth, and rescued us from sin and death. You are fully rescued and redeemed when you believe in Jesus.

Read this in John 17!

²⁰“I am praying not only for these disciples but also for all who will ever believe in me through their message

Jesus is praying for you AND the people that will believe in HIN because of YOU! Jesus is confident that you will be able to tell others about him! He is confident that others will believe in him because of you!

- You are GOD’s show-and-tell!
- Watch the kids message (Find the link on the OneFamily resource page.) and make your OWN show and tell.
 - Tell each other HOW you each can be God’s show and tell.

COOL-DOWN

Prepare!

Jesus prepares for you and through you he prepares for others.

Jesus does not ask us to become anything other than his disciples. That is how we are ready for the service that he asks of us.

- How do YOU prepare for a camping trip or a picnic? Who does the most preparation? Does the person who prepares the most have all the fun?
- Prepare something for another...
 - This is a great craft that you will LOVE sharing with another:
 - <https://itsmejd.com/diy-pull-out-cards-envelopes-paper-crafts/>

PRAYER

Lord help us as we are your show and tell to the world around us. Show us EACH day how we can include YOU in everything! Help me _____. Let us remember your prayers for us. Give us courage as our lives tell others about you.