

OneFamily 10k

GOD FINDS YOU-HIS ONE

WELCOME

The OneFamily 10K, a weekly devotional and guide. Intended to inspire your family to spend at least 10 minutes each week with the King. So make this study what you need. Adjust as needed. Use any part. You do not need to ACCOMPLISH the devotional. You need to accomplish time with the Lord and his word. Who is your family? The entire body of Cherry Creek. God has placed each of us here! Each of us are needed and necessary to the growth of THIS community. How do we grow? We follow God's guidance and we love and care for each other. Who should you complete this study with? Begin with those who are in your household. OneFamily includes Infants through seniors. Alone? Find someone to connect with over the phone (or the like), over coffee, or over the fence. Begin with prayer. Ask the Holy Spirit to inspire and guide your study... Our OneFamily.

Note: At any time, when you are with someone who is unable answer or complete a specific activity without assistance. Speak the words over them or use these topics to have a wonderful "discussion" in ANY way you are able. Let your creativity WIN. Modify! Spend YOUR time with the KING in YOUR way. Please contact kids@creek if you need assistance or ideas.

WARM-UP

GET READY TO RUN!

Luke 15:3-7

3 Then Jesus told them this parable: 4 "Suppose one of you has a hundred sheep and loses one of them. Doesn't he leave the ninety-nine in the open country and go after the lost sheep until he finds it? 5 And when he finds it, he joyfully puts it on his shoulders 6 and goes home. Then he calls his friends and neighbors together and says, 'Rejoice with me; I have found my lost sheep.' 7 I tell you that in the same way there will be more rejoicing in heaven over one sinner who repents than over ninety-nine righteous persons who do not need to repent. Right now how are we standing with those around us in patient endurance or in suffering, or in God's Kingdom together?

- Read these verses out loud.
- Sheep wander off very easily. They do not think about right or wrong. They do not understand punishment or consequences. Once lost, sheep cannot find the flock again. They will cry for the flock AND run in the wrong direction all at the same time!
- Pretend to be a sheep.
- Take turns acting as a sheep would while your family calls your name. Do not guide the sheep.
- How does it feel to be lost? On your own, you would NEVER find your family again! Think about this!

THE RACE

JESUS RUNS AFTER YOU

Read together from John 10:11-17

- God tells us that Jesus is our shepherd.

11 "I am the good shepherd. The good shepherd lays down his life for the sheep. 12 The hired hand is not the shepherd and does not own the sheep. So when he sees the wolf coming, he abandons the sheep and runs away. Then the wolf attacks the flock and scatters it. 13 The man runs away because he is a hired hand and cares nothing for the sheep.

14 "I am the good shepherd; I know my sheep and my sheep know me— 15 just as the Father knows me and I know the Father—and I lay down my life for the sheep. 16 I have other sheep that are not of this sheep pen. I must bring them also. They too will listen to my voice, and there shall be one flock and one shepherd. 17 The reason my Father loves me is that I lay down my life—only to take it up again. 18 No one

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takes it from me, but I lay it down of my own accord. I have authority to lay it down and authority to take it up again. This command I received from my Father.”

- Like the sheep we cannot save ourselves. Jesus comes to save us. Jesus searches for you! Jesus seeks us out and then when we are found he CELEBRATES! He does NOT tell us how bad we are. HE and ALL of heaven celebrate - rejoice!
- Is there anything you have lost that you would love to find again? What is it?
- Does Jesus feel the same way about you? Has Jesus found you yet? He wants to find you so that he can be your savior and protector!
- We do not repent until we are reconciled to Jesus. We may not even feel the need to repent until HE finds us. That is interesting!
- [Play a game of hide and seek. Celebrate when you find each other.](#)

COOL-DOWN

YOU ARE GOD'S FLOCK!

Ephesians 1:3-6

Read Together (MSG)

How blessed is God! And what a blessing he is! He's the Father of our Master, Jesus Christ, and takes us to the high places of blessing in him. Long before he laid down earth's foundations, he had us in mind, had settled on us as the focus of his love, to be made whole and holy by his love. Long, long ago he decided to adopt us into his family through Jesus Christ. (What pleasure he took in planning this!) He wanted us to enter into the celebration of his lavish gift-giving by the hand of his beloved Son.

- [Watch the kids message and make a sheep puppet! We have the supplies ready for you to pick up at church. You may have the supplies at home already.](#)
- [Have a celebration meal. Celebrate each other. At the meal, tell each other a reason that Jesus loves them!](#)

PRAYER

- Read these verses and then Thank God for the preparations he has made for you!
- His LOVE for you will never run away!

Ephesians 1:11-14 MSG

It's in Christ that we find out who we are and what we are living for. Long before we first heard of Christ and got our hopes up, he had his eye on us, had designs on us for glorious living, part of the overall purpose he is working out in everything and everyone.

It's in Christ that you, once you heard the truth and believed it (this Message of your salvation), found yourselves home free—signed, sealed, and delivered by the Holy Spirit. This signet from God is the first installment on what's coming, a reminder that we'll get everything God has planned for us, a praising and glorious life