

WELCOME

The OneFamily 10K, a weekly devotional and guide. Intended to inspire your family to spend at least 10 minutes each week with the King. So make this study what you need. Adjust as needed. Use any part. You do not need to ACCOMPLISH the devotional. You need to accomplish time with the Lord and his word. Who is your family? The entire body of Cherry Creek. God has placed each of us here! Each of us are needed and necessary to the growth of THIS community. How do we grow? We follow God's guidance and we love and care for each other. Who should you complete this study with? Begin with those who are in your household. OneFamily includes Infants through seniors. Alone? Find someone to connect with over the phone (or the like), over coffee, or over the fence. Begin with prayer. Ask the Holy Spirit to inspire and guide your study... Our OneFamily.

WARM-UP

EXODUS 33:20

God said, "You cannot see my face, for no one may see me and live."

- Activity: Get out paper and try to draw God. (**Note: If you are not able to draw, have each person take time to describe what they think God looks like? If someone cannot communicate due to age, ability, or zero ideas, someone else should help them.**)

THE RACE

Read the verse, statements, and follow the prompts. Each bullet is a checkpoint, a question for your family to work through together.

EXODUS 33:18-20

Then Moses said, "Now show me your glory." And the LORD said, "I will cause all my goodness to pass in front of you, and I will proclaim my name, the LORD, in your presence. I will have mercy on whom I will have mercy, and I will have compassion on whom I will have compassion. But," he said, "you cannot see my face, for no one may see me and live."

CAN'T SEE GOD

- Discussion Question: Ever wondered when we get to heaven and see God, what will we see? What does God look like?
- Point: We talk about God often, but what does he look like? In Scripture people see God and share their experience. Through it all there is one common theme: They do never describe what God looks like.
- Discussion Question: Why do you think people in the Bible who see God, cannot describe what God look like? (Answer: We cannot see God, because he is not limited to our sense. He is too great for our eyes to capture him)
- Point: Moses was a man who spent a lot of time with God, so much so, that he spoke with God as friends do face to face (Exodus 33:11; Numbers 12:6-8a). This means that God allowed Moses to get as close as possible to see God. But even so, Moses was not able to see God, because no one can see God and live. God is so great that we saw him, we cease to exist. So when we get to heaven, who will we see, and what will we see?

THE RACE CONTINUES

IN HEAVEN WE WILL SEE...

REVELATION 4:2-5

"At once I [John] was in the Spirit, and there before me was a throne in heaven with someone sitting on it. And the one who sat there had the appearance of jasper and ruby. A rainbow that shone like an emerald encircled the throne. Surrounding the throne were twenty-four other thrones, and seated on them were twenty-four elders. They were dressed in white and had crowns of gold on their heads. From the throne came flashes of lightning, rumblings and peals of thunder. In front of the throne, seven lamps were blazing. These are the seven spirits of God."

- Discussion Question: John has a vision of heaven. What does he say he saw?
- Point: John has the chance to see what many people are not able to see, God. And when he looks at God, he describes things around God, but not God himself. The reason is because we cannot see God as he is and live. God is too great.
- Discussion Question: Describe what it's like to look at the sun (**Note: Please do not try this yourself or encourage your child/ren to do so, because its painful.**)
- Point: The sun is not even the brightest light in the universe. And all these lights were made by God. He can look at them without a problem. In fact, compared to God, the light of the sun is nothing. That is because God is greater. So, if we cannot even look at the sun, how can think we can look at God?

COOL-DOWN

What a great race! Time to cool-down.

- Point: In Revelation 5 John looks at God's throne again and see Jesus as a lamb. In other words, the invisible God has made himself visible in Jesus. In fact, Jesus himself tells us that when we see him, we see the invisible God (John 4:9).

PRAYER

- Pray over what you have learned and discussed.
- Pray for your family and the OneFamily of Cherry Creek.
- We pray that you and all those you encounter find blessings and opportunities to grow in the faith, love, and knowledge of our LORD.

TRAINING

- Later in the week, if possible, come together to thank God for making himself visible for us to see him. (**Note: After each person, encourage and/or congratulate them on sharing their reason, no matter how small.**)